

PLEASE

JOIN

US

Gympie Nurse Network Information Event: Take Time For Mental Health

**You are invited to join us at our
Practice Nurse Network meeting**

This session will focus on raising awareness of the importance of positive mental health and wellbeing for your patients, as well as looking after a very important person – You.

When speaking with patients about Mental health, conveying hope is a key message that needs to be sensitively delivered.

This session will explore:

- Encouraging awareness and building skills
- Tips and tricks on well being
- Update on the Suicide Prevention Project in Gympie

Speakers

Ruth Polley – Service Leader of RISC (Responding to Issues of Suicide in Cooloola) Lifeline (part of UnitingCare Community)

Erica Makay – Quality Assurance Manager, Mental Health Alcohol & other Drugs, PHN

Carol - Dual Diagnosis, Therapist, PHN Outreach Gympie QulHN

Register here

Ph. 5482 6770

(E) TArchdall@ourphn.org.au

27th August 2019

Start 7.30am

Finish 8.30am

Shopfront Gympie

2/107 Mary Street

Gympie

A light breakfast will be available with gluten free and vegetarian options

phn

CENTRAL QUEENSLAND,
WIDE BAY, SUNSHINE COAST

An Australian Government Initiative

RSVP date

26th August, 2019

Name

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Practice

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Email Address

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Dietary Requirements

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