



Jamie's Ministry of Food Mobile Kitchen Returns to Bundaberg

14 May 2019, Queensland; The Good Foundation has today announced that it will be rolling Jamie's Ministry of Food's Mobile Kitchen into Bundaberg. In partnership with Queensland Health, Central Queensland, Wide Bay, Sunshine Coast PHN (PHN), Woolworths and Stockland, the mobile kitchen will teach locals home-cooking skills and promote healthy eating in the region.

Jamie's Ministry of Food (JMoF), which is delivered by The Good Foundation in Australia, has already taught cooking skills to 48,000 people nationally. Now it will continue to grow this number through a series of fun, hands-on courses for aspiring home cooks in Bundaberg from its temporary residency in the carpark of Stockland Bundaberg Shopping Centre starting 27 May.

The Good Foundation CEO, Siobhan Boyle, said: "We're so delighted to return to Bundaberg with Jamie's Ministry of Food Mobile Kitchen. Through this new partnership, we can't wait to continue delivering accessible food education to people living in the region."

"We look forward to keeping cooking skills alive and inspiring more people to establish lifelong good food habits through healthy eating," said Boyle.

Participants in the program will attend 90-minute classes on a weekly basis over five weeks. The classes are taught by dedicated food trainers using Jamie Oliver's recipes and his philosophy on cooking, buying, storing and eating good, fresh and healthy food.

Minister for Health and Ambulance Services, Steven Miles, commented: "I'm pleased our investment in programs like JMoF Mobile Kitchen is helping to boost the capacity for delivering these programs state-wide. Achieving a healthier lifestyle doesn't need to be hard or expensive – the Mobile Kitchen helps participants to cook nutritious, low-cost meals at home, and guides them on healthier grocery shopping and meal plans."

Paul Davis, Centre Manager, Stockland Bundaberg, said: "This partnership is a natural fit with our ambition to promote healthy communities. We are really pleased to be able to facilitate such a great opportunity to teach residents about healthier eating habits, with a particular focus on raising happy, healthy kids."

With two in three Queenslanders considered overweight or obese, PHN Senior Manager Kirsten Smith said the program is a vital step in delivering health education to a population facing real challenges maintaining a healthy weight range.

"The latest data tells us less than ten percent of Wide Bay residents are eating the recommended daily vegetable intake. Jamie's Ministry of Food is a fun and engaging way for residents in the Bundaberg and surrounding area to start to manage their wellbeing through healthy eating," Ms Smith says.



Bookings for the classes are now live on the JMoF website. The JMoF Mobile Kitchen will arrive in Bundaberg on Monday 20th of May and classes will run from Monday 27th of May, through to the 3rd of August.

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For further information visit: <https://www.jamiesministryoffood.com.au/>

To book into classes visit: <https://thegoodfoundation.secure.force.com/bookings>

About The Good Foundation

Established in 2010 by Andrew Muir, The Good Foundation is a not-for-profit organisation dedicated to transforming Australia's food habits through advocacy, program delivery and collaboration. In addition to its delivery of Jamie's Ministry of Food Australia, TGF also deliver Jamie Oliver's Learn Your Fruit and Veg — an evidence based hands-on food education program for early learning centres and primary schools.

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