**The Model for Improvement Guide**

The Model for Improvement is a tool for developing, testing and implementing change.

The Model consists of two parts that are of equal importance:

1. The ‘thinking part’ consists of Three Fundamental Questions that are essential for guiding your improvement work.
2. The ‘doing’/’testing’ part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

This guide will take you through the following steps:

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| **Step 1:** | The Three Fundamental Questions |
| **Step 2:** | PDSA Cycle |

# Step 1: The Three Fundamental Questions

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| 1. **What are we trying accomplish?** |
| By answering this question, you will develop your GOAL for improvement |
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| 1. **How will we know that a change is an improvement?** |
| By answering this question, you will develop your MEASURES to track the achievement of your goal |
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| 1. **What changes can we make that will lead to an improvement? – list your small steps/ideas** |
| By answering this question, you will develop the IDEAS that you can test to achieve your goal |
| **Ideas:** |

**Step 2: PDSA Cycles**

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| Idea: | Describe the idea you are testing - refer to the 3rd Fundamental Question | | | |
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| PDSA cycle #: | **PLAN:** What exactly will you do? Include what, who, when, where, predictions and data to be collected. | **DO:** Was the plan executed? Document any unexpected events or problems | **STUDY:** Record, analyse and reflect on the results | **ACT:** What will you take forward from this cycle?  (What is your next step/PDSA cycle?) |
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