

## GP CLINICS

Cooloola Coast General Practice - Tin Can Bay  
 Dolphin Shopping Centre  
 5 Dolphin Ave,  
 Tin Can Bay  
 5486 4600  
 W: [www.cooloolacoastgp.com.au](http://www.cooloolacoastgp.com.au)  
 General Practice  
 8am - 5pm Mon to Fri,  
 8am - 11am Saturday

Cooloola Coast General Practice - Rainbow Beach  
 10 Ilmenite Avenue  
 Rainbow Beach  
 5486 4600  
 W: [www.cooloolacoastgp.com.au](http://www.cooloolacoastgp.com.au)  
 General Practice  
 8am - 4.30pm Tues - Thurs  
 8am - 1pm Friday

## ALLIED HEALTH AND THERAPY SERVICES

Adapt Health Care  
 Tin Can Bay, Cooloola Cove, Rainbow Beach  
 1800 085 030  
 W: [www.adapthealthcare.com.au](http://www.adapthealthcare.com.au)  
 Integrated allied health services

Thrive Allied Health  
 Tin Can Bay, Cooloola Cove, Rainbow Beach  
 0458 335 271  
 W: [www.thrivealliedhealth.com.au](http://www.thrivealliedhealth.com.au)  
 E: [info@thrivealliedhealth.com.au](mailto:info@thrivealliedhealth.com.au)  
 Occupational therapy and physiotherapy. All ages.

## OTHER

Cooloola Coast Medical Transport  
 Tin Can Bay, Cooloola Cove, Rainbow Beach, and Goomboorian  
 5486 2488  
[www.cooloolamedicaltransport.com.au](http://www.cooloolamedicaltransport.com.au)  
 Transport to and from non-urgent medical appointments

Multicultural Information Network Services (MINS)  
 8 Mary Street, Gympie  
 54839511 or 0458 839 007  
 MINS helps people from all cultural backgrounds to find opportunities that will help with integration and independence.

Tin Can Bay Meals on Wheels  
 Tin Can Bay, Cooloola Cove, Rainbow Beach  
 0427 701 922  
[www.qmow.org](http://www.qmow.org)  
 Delivery Mon - Wed  
 Rainbow Beach - Delivery Monday only  
 Meal preparation and meal delivery service

Services Australia  
 1 Buchanan St  
 Tin Can Bay  
 132 300  
 Social welfare (Centrelink and DVA)  
 Monday- Friday 9am-1pm

Rainbow Beach Taxi  
 Rainbow Beach and surrounding area  
 0411 072 349  
 Taxi metered rate locally. Taxi Subsidy Scheme Concession, DVA transport provider, NDIS transport provider, wheelchair accessible vehicle

Gympie Golden City Cabs  
 Gympie and surrounding area  
 131 008  
 5480 1900  
 Taxi metered rate locally. Taxi Subsidy Scheme Concession, DVA transport provider, NDIS transport provider, wheelchair accessible vehicle



# Cooloola Coast

## AGED CARE SERVICES

A guide to community aged care services in the region

Last updated December 2020



### My Aged Care

My Aged care helps you find information about aged care services. The Australian Government subsidises many different types of aged care services to help you stay at home.

These services help you stay as independent as you can through a system that provides fair and equitable access to services for all older people living in Australia.

Services include:

- Home Care Packages
- Commonwealth Home Support Programme
- After-hospital care (transition care)
- Carer Counselling

[www.myagedcare.gov.au](http://www.myagedcare.gov.au) • 1800 200 422

If you have a health concern and wish to speak to someone please call **13HEALTH (13 43 25 84)**. You can talk to a registered nurse 24 hours a day, 7 days a week for the cost of a local call. If you have an urgent medical condition or emergency call 000 for an ambulance.

## AGED CARE SERVICE PROVIDERS

| Organisation                          | Area  | Contact number             | Website   | Service type  | Additional information                    |
|---------------------------------------|---|----------------------------|---|---|---|
| Blue Care Gympie                      | Gympie region, Rainbow Beach, Cooloola Cove, Tin Can Bay, Mary Valley, Glenwood, Widgee, Woolooga | 5438 5000<br>1300 258 322  | W: <a href="http://www.bluecare.org.au">www.bluecare.org.au</a>   | Residential aged care, allied health and therapy services, community packages and Commonwealth Home Support Program.                                  | NDIS and private                          |
| Bolton Clarke                         | Tin Can Bay , Cooloola Cove   | 1300 796 111               | W: <a href="http://www.boltonclarke.com.au/">www.boltonclarke.com.au/</a>   | Community care services (home care packages) and home maintenance.  |   |
| Centacare Community Services          | Gympie, Tin Can Bay, Cooloola Cove, Rainbow Beach   | 1300 236 822<br>5482 8715  | W: <a href="http://www.centacarebrisbane.net.au">www.centacarebrisbane.net.au</a>   | Community care services (home care packages) home maintenance, dementia care (Gympie only), disability support service, transport.                    |   |
| Carer Gateway Services                | Gympie, Tin Can Bay, Rainbow Beach, Cooloola Cove   | 1800 422 737               | W: <a href="http://www.carergateway.gov.au">www.carergateway.gov.au</a>   | Carer counselling and coaching, as well as short-term and emergency respite, including after-hours emergencies.                                       | Where carers can find support.            |
| Gympie Community Health Services      | Gympie and Cooloola Cove  | 5489 8444                  | W: <a href="http://www.health.qld.gov.au/services/sunshinecoast/gympie">www.health.qld.gov.au/services/sunshinecoast/gympie</a> | Hospital and Health Service   |   |
| Integrated Living                     | Tin Can Bay, Cooloola Cove, Rainbow Beach   | 1300 782 896               | W: <a href="http://www.integratedliving.org.au">www.integratedliving.org.au</a>   | Community care services (home care packages).   | NDIS and private                          |
| Kincare                               | Tin Can Bay, Cooloola Cove, Rainbow Beach   | 1300 733 510               | W: <a href="http://www.kincare.com.au">www.kincare.com.au</a>   | Community care services (home care packages)  | NDIS and private                          |
| Ozcare and St Vincent's Care Services | Tin Can Bay, Cooloola Cove, Rainbow Beach   | 5413 8460 and<br>5443 8595 | W: <a href="http://www.ozcare.org.au">www.ozcare.org.au</a><br>W: <a href="http://www.svcs.org.au">www.svcs.org.au</a>          | Dementia advisory and support, community care services (home care packages), social support, domestic assistance, allied health and therapy services. |   |
| Residency by Dillons                  | Tin Can Bay   | 5488 1300                  | W: <a href="http://www.residencybydillons.com.au/tin-can-bay/">www.residencybydillons.com.au/tin-can-bay/</a>                   | Residential aged care and palliative care.  | A home with engaging care                 |
| Suncare Community Services            | Gympie, Tin Can Bay, Rainbow Beach & Cooloola Cove  | 1800 786 227               | W: <a href="http://www.suncare.org.au">www.suncare.org.au</a>   | Community care services (home care packages), domestic assistance, personal care, social support, carer support services.                             | Offers carer support and education groups |
| Wesley Mission                        | Tin Can Bay, Cooloola Cove, Rainbow Beach   | 1300 969 216               | W: <a href="http://www.wmq.org.au">www.wmq.org.au</a>   | Community care services (home care packages), home maintenance - minor and domestic cleaning.   | NDIS and private                          |

## HOME MAINTENANCE AND MODIFICATIONS

|  |   |                           |  |   |                       |
|--|---|---------------------------|--|---|-----------------------|
| About Freedom                                  | Tin Can Bay, Cooloola Cove, Rainbow Beach         | 1300 907 887              | W: <a href="http://www.aboutfreedom.com.au">www.aboutfreedom.com.au</a><br>E: <a href="mailto:info@aboutfreedom.com.au">info@aboutfreedom.com.au</a> | Minor home modifications only. All age groups.            | NDIS and private      |
| Centacare Community Services                   | Gympie, Tin Can Bay, Cooloola Cove, Rainbow Beach | 1300 236 822<br>5482 8715 | W: <a href="http://www.centacarebrisbane.net.au">www.centacarebrisbane.net.au</a>  | Minor home modifications only.                            | NDIS and private      |
| Maroochy Home Maintenance and Care Association | Tin Can Bay, Cooloola Cove, Gympie                | 5476 6130                 | W: <a href="http://www.maroochyhomeassist.com.au">www.maroochyhomeassist.com.au</a>  | Home modifications - major only. All age groups.          | NDIS, MAC and private |
| Range Care                                     | Tin Can Bay, Cooloola Cove, Rainbow Beach         | 5445 7044                 | W: <a href="http://www.rangecare.com.au">www.rangecare.com.au</a>  | Minor home modifications only - for people over 65 years. | Private               |