

### Psychology in Aged Care\*



#### Refer

Send to Lifespan Health or advise RACF Clinical Nurse

#### Engage

Lifespan Health psychologist will see the resident in the RACF

Fax: (07) 5406 0829

\* For participating RACFs only



# Identifying Residents who are at risk of or are presenting with a Mental Health Issue

## **Risk Factors**

- An increase in physical health issues
- Chronic pain
- Losses (e.g., relationships, independence, mobility & flexibility, self-worth)
- Social isolation
- Admission to hospital
- Important anniversary or event