# Central Queensland Gladstone | ROADMAP Residential Aged Care Services End-of-Life Support

# RACF clinical support services + capacity building

# **Community Palliative Care Service\***

- Nurse led service
- Consultancy service to primary care providers
- For patients with complex life limiting illness
- Requires a written referral

#### 0419 797 454 | Mon-Fri 0800-1630

## PallConsult 24/7

24/7 advice hotline – Specialist Palliative Care staff

- Education for RACF staff
- MASS Support
- Subcutaneous infusion trouble-shooting

**1300 725 527** | **24/7** Specialist Palliative Nurse **1300 725 537** | **24/7** Specialist Palliative Doctor

- \* Required patient information:

#### SPACE\*

- to deliver end-of-life care

CQSPACE@health.qld.gov.au

#### Resident and RACF support, resources and education

## OACP

Statewide Office of Advance Care Planning (OACP): provides information and resources about advance care planning.

Ph: 1300 007 227 Fax: 1300 008 227 Mon – Fri | 0800-1600 acp@health.qld.gov.au www.mycaremychoices.com.au

# ELDAC

ELDAC: provides resources for aged care workers focussed on clinical care, education, learning, and organisational support.

1800 870 155 eldac.project@flinders.edu.au www.eldac.com.au

This Roadmap was jointly funded by the Australian Government and Central Queensland, Wide Bay, Sunshine Coast PHN.

Name, DOB | GP details | Address and contact details | Preferred method of contact | Current medications and dosages | Drug allergies | Other relevant conditions and diagnoses.

\* For further detail & referral templates see: cq.communityhealthpathways.org

#### Specialist Palliative Care in Aged Care Project

Clinical and procedural resources and education Enhancing capacity and capability of RACFs and GPs

# 07 4816 8195 | Mon-Fri 0800-1630

### SPaRTa\*

Specialist Palliative Care Rural Telehealth

- Terminal care, Symptom management, MASS support, advance care planning, psychological support
- GP to remain the lead physician

#### 1300 184 432 | Mon-Fri 0800-1600 Fax: 07 5470 5243

### **GERI\***

Geriatric Evaluation and Rapid Intervention

- Geriatric evaluation with an OT or CN
- Emergency department streamlining  $\bullet$
- Discharge planning and reducing length of stay

07 4976 1001 | Mon-Fri 0800-1630 OT 07 4976 1002 | Mon-Fri 0800-1630 CN

#### palliAGED PalAssist PalAssist: provides information and palliAGED: palliative care evidence compassionate support to patients and practice information resource for families, friends and carers dealing the Australian aged care sector. with a life limiting illness. 1800 772 273 palliaged@flinders.edu.au 7 days | 0700-1900 www.palliaged.com.au www.palassist.org.au



# Central Queensland Rural & Remote | ROADMAP Residential Aged Care Services End-of-Life Support Services

# RACF clinical support services + capacity building

#### SPaRTa\*

Specialist Palliative Care Rural Telehealth

- Terminal care, Symptom management,  $\bullet$ MASS support, advance care planning, psychological support
- GP to remain the lead physician •

#### 1300 184 432 | Mon-Fri 0800-1600 Fax: 07 5470 5243

#### **SPACE\***

Specialist Palliative Care in Aged Care Project

- to deliver end-of-life care

0400 618 157 | Mon-Fri 0800-1630 CQSPACE@health.qld.gov.au

#### \* Required patient information:

Name, DOB | GP details | Address and contact details | Preferred method of contact | Current medications and dosages | Drug allergies | Other relevant conditions and diagnoses.

\* For further detail & referral templates, see:

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• Clinical and procedural resources and education Enhancing capacity and capability of RACFs and GPs

## PallConsult 24/7

24/7 advice hotline – Specialist Palliative Care staff

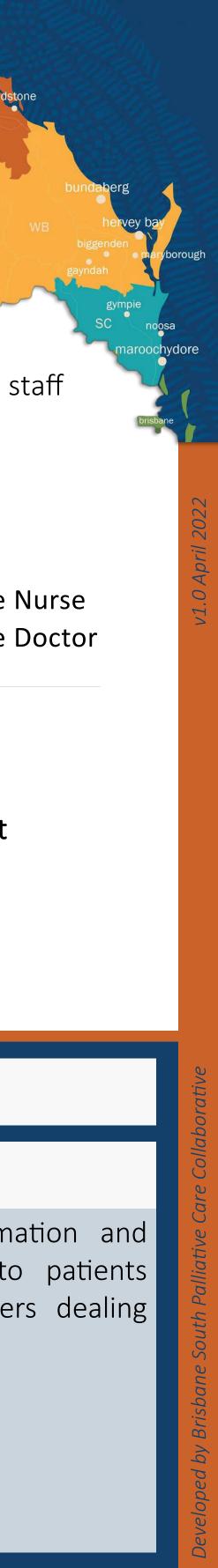
- Education for RACF staff •
- MASS Support
- Subcutaneous infusion trouble-shooting

**24/7** Specialist Palliative Nurse 1300 725 527 **1300 725 537** | **24/7** Specialist Palliative Doctor

> For further end-of-life care support please contact your local Hospital and Health Service.

	<i>palli</i> AGED	PalAssist
aged inical and	<i>palli</i> AGED: palliative care evidence and practice information resource for the Australian aged care sector.	PalAssist: provides inform compassionate support to families, friends and care with a life limiting illness.
	<u>palliaged@flinders.edu.au</u> <u>www.palliaged.com.au</u>	1800 772 273 7 days   0700-1900 <u>www.palassist.org.au</u>

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#### **Rockhampton/ Central Queensland** ROADMAP Capricorn Coast Residential Aged Care Services End-of-Life Support

# RACF clinical support services + capacity building

## **Community Palliative Care Service\***

- Nurse Practitioner-led specialist palliative care  $\bullet$ consultancy. Support service for primary care providers and nurses in RACFs in Rockhampton
- Palliative care review for residents in the last six • months of life and specialist palliative care assessment for residents at risk of dying from complex life limiting illness, ageing-related conditions, frailty-related decline
- Requires a written referral to support GP collaboration 07 4920 7500 | Business hours Fax: 07 4920 7029 | <u>CQHHS\_CANAS@health.qld.gov</u>

# **Specialist Palliative Care Service**\*

- Multidisciplinary team based in Rockhampton
- Consultancy service to primary care providers •
- For patients with complex, life limiting illness and • complex symptoms
- Requires written referral to a named specialist ۲ 07 4920 6541 | Business hours Fax: 07 4920 7019

#### **SPACE\***

Specialist Palliative Care in Aged Care Project

- to deliver end-of-life care

# **GERI**\*/**RaSS**\* (*Rockhampton*)

Geriatric Evaluation and Rapid Intervention / RACF Acute Support Services

\* For further detail and referral templates, see: cq.communityhealthpathways.org \* Required patient information: Name, DOB | GP details | Address and contact details | Preferred method of contact | Current medications and dosages | Drug allergies | Other relevant conditions and diagnoses.

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Clinical and procedural resources and education Enhancing capacity and capability of RACFs and GPs

#### 07 4816 8193 | Mon-Fri 0800-1630 CQSPACE@health.qld.gov.au

#### N.B. notify GERI team of other services involved

Phone ahead for acute emergency care Clinical care advice exceeding RACF / GP capability Emergency department streamlining, discharge planning and reduced length of stay

#### 0436 915 135 | 7 days 0800-1600 CNC

#### **PallConsult**

24/7 advice hotline – Specialist Palliative Care staff

- Education for RACF staff
- MASS Support
- Subcutaneous infusion trouble-shooting

#### **24/7** Specialist Palliative Nurse 1300 725 527 **1300 725 537** | **24/7** Specialist Palliative Doctor

#### **SPaRTa**\* (*Capricorn Coast*)

Specialist Palliative Care Rural Telehealth

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PalAssist PalAssist: provides information and compassionate support to patients families, friends and carers dealing with a life limiting illness.

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