

BUNDABERG REGION

Free Alcohol and Other Drugs Information Sessions



Concerned about a family member's substance use?

Breakthrough for Families Qld is a program designed to support families and significant others of individuals affected by substance use.

Information Sessions Cover:

- Understanding substance use and its impact on physical and mental health.
- Strategies and practical plans to talk about substance use as a family, support your loved one and reduce harm.
- Connection to individual support and referrals to other community services.

The sessions aim to be culturally respectful, accessible, confidential and inclusive. All members of the community are welcome to attend.

Families are encouraged to attend both information sessions.

- Session A: Alcohol and Other Drug (AOD) Information
- Session B: Support to Families Information

TOWN	DATE	DAY	TIME	VENUE	SESSION TYPE
Bundaberg	1 st June	Tuesday	10:30am to 12:30pm	Bridges DARTS Office Junction of O'Connell Street & River Terrace, Millbank QLD 4670 (just down from the BlueCare)	Session A
Bundaberg	7 th June	Monday	10:30am to 12:30pm	Bridges DARTS Office Junction of O'Connell Street & River Terrace, Millbank QLD 4670 (just down from the BlueCare)	Session B

Light refreshments provided

Questions? Feel free to contact us.

For enquiries or to book, call **1300 707 655**. Or email alannah0@bas.org.au

Breakthrough for Families Queensland is funded by Queensland Health in partnership with the Queensland Aboriginal and Islander Health Council.

Project partners acknowledge the invaluable assistance and contribution from Family Drug Support, ADIS Queensland and the Victorian Department of Health and Human Services, Turning Point, SHARC and the Bouverie Centre under the Victorian BreakThrough: Ice Education for Families Package

Learn More.



Breakthrough
For Families Queensland
Drug Information and Support

