



CENTRAL QUEENSLAND, WIDE BAY, SUNSHINE COAST

An Australian Government Initiative



# PLAN, DO, STUDY, ACT -TIME TO GET 'CYCLING'

Practice:	/
Date:	 ↑
PDSA Cycle # :	



The Model for Improvement (MfI) is a tool for developing, testing and implementing change. The Model consists of two parts that are of equal importance:

- **Step 1:** The 'thinking part' consists of Three Fundamental Questions that are essential for guiding your improvement work.
- **Step 2:** The 'doing'/'testing' part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

## **Step 1: Three Fundamental Questions**

#### 1. What are we trying to accomplish?

By answering this question you will develop your GOAL for improvement. Each new GOAL (1st Fundamental Question) will require a new Model for Improvement

### 2. How will we know that a change is an improvement?

By answering this question you will develop MEASURES to track the achievement of your goal

### 3. What changes can we make that will lead to an improvement?

List the ways you can achieve your goal. By answering this question you will develop the IDEAS that you can test to achieve your goal

Idea 1
Idea 2
Idea 3
Idea 4
Idea 5
Idea 6

# Step 3: 'Doing'/'Testing'

### Idea

Pick one of your ideas

### Plan

What exactly will you do? Include what, who, when, where, predictions & data to be collected

Who:

When:

Where:

What:

**Predictions:** 

Data to be collected:

Was the plan completed? Document any unexpected events or problems

Carry out the plan.

### Study

Record, analyse and reflect on the results

PDSA TEMPLATE

# Act

What will you take forward from this cycle? What is your next step / PDSA cycle?