

# Palliative Care Resources for GPs Central QLD region

## HEALTH PATHWAYS



Web-based portal with evidence-based information on the assessment and management of common clinical conditions including referral guidance.

<https://cq.communityhealthpathways.org> Username: uscentralqld Password: pwcentralqld

### PALLCONSULT

24/7 advice hotline to immediately access advice from a specialist palliative care medical consultant.

Phone: 1300 PALLDR (1300 725 537)

24 hours, 7 days/week

### SPaRTa

Specialist Palliative Care Rural Telehealth Service

Terminal care, symptom management, MASS support, advance care planning, psychological support.

Phone: 1300 184 432

Email: [scruralpallcare@health.qld.gov.au](mailto:scruralpallcare@health.qld.gov.au)

### PALLASSIST

Information, referral advice & compassionate support to patients, families, friends and carers dealing with a life limiting illness.

Phone: 1800 772 273

7 days, 7am-7pm  
[www.palassist.org.au](http://www.palassist.org.au)

## PEPA / IPEPA

Program of Experience in the Palliative Approach (PEPA) /  
Indigenous Program of Experience in the Palliative Approach (IPEPA)

Offer placements and workshops in palliative care to support health professionals to increase skills and knowledge in caring for patients at end of life.

<https://www.pepaeducation.com>



### **palliMEDS**

A tool to proactively prescribe end-of-life medications.  
<https://www.c2coast.org.au/palliative-care-clinical>

### **APPS**



### **palliAGEDgp**

Support for GPs who are caring for older palliative patients living at home or in residential care.  
<https://www.palliaged.com.au/tabid/4351/Default.aspx>

### **POCKETBOOK OF PALLIATIVE MEDICINE**

A very concise booklet for GPs containing brief, dot-point suggestions for symptom relief.  
<https://www.c2coast.org.au/palliative-care-clinical/?hilite=pocketbook>

### **OPIOID CALCULATOR**

A clinical tool simplifying the calculation of total oral morphine equivalent daily dose.  
<http://www.opioidcalculator.com.au/>

Further resources available at [www.c2coast.org.au/palliative-care-clinical/](http://www.c2coast.org.au/palliative-care-clinical/)