

Innovative digital online workshop for end of life planning

TEN THINGS
TO KNOW
BEFORE
YOU GO

A comprehensive, engaging and informative workshop designed for individuals, groups and workplaces.

Tuesday 10th May 9.30am - 11.30am

There's a lot of information out there about planning well and getting our affairs in order, but it can be hard to know where to begin. If knowledge is power, it's time to invest in our end of life knowledge.

This workshop gets right to the heart of it, helping pull all the information together and explores end of life planning in an engaging, accessible way.

This workshop is suitable for anyone looking to plan well for their end of life or help a loved one to do so. It is also an excellent professional development opportunity for anyone working in health or the end of life sector.

*“Informative and engaging.
Using everyday language
and simplifying the
paperwork, procedures
and providing tips and
strategies.”*



What does the online workshop cover?

“This is a wonderful forum for informing and empowering us in regards to dying and supporting others.”

The workshop covers practical aspects such as; Writing a Will, Appointing a Power of Attorney and Enduring Guardian, Planning your funeral and burial.

It also covers broader, social elements that can impact our end of life in a positive way such as; strengthening social networks and communicating our values.

Participants have left feeling more empowered with knowledge about navigating different aspects of the end of life system and 80% of participants have reported that they took direct action in end of life planning as a result of the workshop.

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To learn more visit:

www.thegroundswellproject.com/10-things-workshops

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**The Groundswell
Project Australia**