



OBESITY PREVENTION IN EARLY CHILDHOOD FROM PRE-CONCEPTION TO 4 MONTHS



DATE AND TIME

Thurs 8 December 2022
7:00-8:30pm AEDT

Connecting the Dots is a National Nutrition Service provided to you by Karitane in partnership with the Healthy Beginnings team at Sydney Local Health District.



CONNECTING THE DOTS
A National Nutrition Service

Provided to you by Karitane and Healthy Beginnings

ABOUT THIS WEBINAR

Facilitators:

GP Dr Ranessa Sebastian and
Nurse Educator, Karen Willcocks

Learning outcomes:

- Identify the evidence-based health promotion and obesity prevention messages for the preconception period, pregnancy and for infants up to four months of age
- Discuss key elements of responsive feeding practices for breastfeeding and bottle feeding.

To register: karitane.com.au/professional-courses