



## Attend a 12-hour Standard Mental Health First Aid (SMHFA) Course

Learn how to provide first aid skills to assist adults who are developing a mental health problem, experiencing a worsening of an existing mental health problem or in a mental health crisis, until appropriate professional help is received, or the crisis resolves

**Where:** The Hub, 7-9 James St, Yeppoon QLD 4703

**When:** Tuesday 8<sup>th</sup> and Wednesday 9<sup>th</sup> November 2022, 9am to 5pm.

**Instructor(s):**

**Queensland Health Clinical Nurse Consultants Mental Health and Alcohol and Other Drugs-**

Gareth Daniels (CNC, FACN, FACMHN, MACSA) Regional Adversity Consultant

Clare Cullinan (CNC) Community Consult Liaison Officer

**Cost: FREE thanks to the support of the Livingstone Living Well Suicide Prevention Group.**

**Catering included:** please email through dietary requirements on registration.

To register to attend this 12-hour SMHFA course please contact:

**Contact Name:** Clare Cullinan

**Phone:** 49133200

**Email:** [clare.cullinan@health.qld.gov.au](mailto:clare.cullinan@health.qld.gov.au)

**Additional Information:** The trainers have been supplied by Qld Health by the Central Queensland Mental Health and Alcohol and Other Drugs Service. This activity is supported by the Livingstone Living Well Suicide Prevention Group with funding received from Wesley LifeForce, and from the Australian Government through the PHN Program.

**RSVP: Close of business 25/10/2022 (Limited spaces available)**

After successfully completing the assessment, you will receive a digital **Certificate of Accreditation as a Mental Health First Aider**



For more information, please go to  Livingstone Living Well – Suicide Prevention Group

For further information please visit our website at: [www.mhfa.com.au](http://www.mhfa.com.au)