

Free women's health specialist launching outreach services in Moura

A new outreach clinic is coming to Moura this today and will provide women with access to free, confidential reproductive and sexual health check-ups.

The clinic being held at the Moura hospital and will cover all aspects of women's health including all contraception, cervical screening, breast examination, period problems, pregnancy planning and menopause.

Sonya Megram, a Senior Nursing Officer with True said it was important that women in the community have both the choice and the ability to access a health service that specialises in women's health issues.

"Our community outreach clinic gives all women the opportunity to self-refer and address sexual and reproductive health issues, which may not otherwise be attended to," [

"The most common response is gratitude for being able to access these services confidentially from our experienced and compassionate female doctors and nurses who live outside their community.

"We believe all women should have the opportunity to have access to health services which are respectful and appropriate.

Ms Megram SNO said the clinic would provide access to appointments with both doctors and nurses and would be able to meet the needs of most women in the community.

Riaz Ahmed, Central Queensland, Wide Bay, Sunshine Coast PHN's Senior Manager for Central Queensland with said the partnership with True women's health service was working to provide accessible women's health services in Moura and surrounding areas.

Mr Ahmed said, "This program will provide increased access to sexual health services for the local community."

"When we were engaging with the community we identified local concerns about reliable access to sexual health services in rural communities. It can be difficult to attend regular sessions due to the distances involved and time it takes to travel to an appointment.

"This issue is one that is rather unique to our rural communities and that is why we have partnered with True to deliver quarterly women's health clinics in Moura."

"By providing the community with access to a free women's health clinic we will be able to better tackle the issue of sexually transmitted infections, such as chlamydia and gonorrhoea."

"These services will provide the local community with greater access to resources which will help them make safer and healthier decisions around their sexual health."

Notifiable conditions data available from Queensland Health shows that there have been over 770 cases of chlamydia, 84 cases of gonorrhoea and 17 cases of syphilis across all of Central Queensland.

ENDS

For more information or to arrange an interview, please contact Matt Norman with the Central Queensland, Wide Bay, Sunshine Coast PHN via mnorman@ourphn.org.au or 0434 849 878