



Respiratory Function Request Form

Mater Specialist Centre
Suite 7, Jessie Street, Rockhampton Q 4700
T 4931 3156 F 4927 4666
E drsudhakarreception@gmail.com

Central Queensland Respiratory Diagnostics
in association with
MSK Health Care Pty
ABN 66860398845

Patient Details:

Surname: _____ First Name: _____

DOB: _____

Address: _____

Home Ph: _____ Work: _____ Mobile: _____

Clinical History/Details: _____

Investigation Required:

- ☐ Full Lung Function (Flow Volume Loops - before and after bronchodilator, Lung Volumes + Gas Transfer)
- ☐ Flow Volume Loops - before and after bronchodilator
- ☐ Bronchial Provocation:
 - ☐ 'Mannitol Challenge ☐ Hypertonic Saline
 - ☐ Histamine Challenge
- ☐ Respiratory Muscle Strength (MIPS/MEPS & Postural Spirometry)
- ☐ Six Minute Walk Test (single trial without O₂)
- ☐ Six Minute Walk Test (dual trial without and with O₂ for MASS evaluation)
- ☐ Exhaled Nitric Oxide - FeNO

Referring Doctor Details:

Doctors Name: _____

Address: _____

Signature: _____ Provider No: _____

Date of Referral: _____ Fax No. for Report: _____

Copy of Report to: _____



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Bronchial Provocation Testing

FeNO Breath Testing

Withhold Time		FeNO Breath Testing
	Mannitol, Hypertonic Saline, Histamine	
8 Hours	<i>Ventolin, Asmol, Bricanyl, Intal, Tilade</i>	On the day of the test, it is recommended to avoid any of the following 1 hour before the test: • Eating • Drinking NOTE: It is recommended to perform a FeNO test before spirometry.
12 Hours	<i>Alvesco, Atrovent, Flixotide, Pulmicort, Qvar</i>	It is recommended to avoid smoking for 12 hours before the test. It is recommended to avoid eating foods high in nitrates, this includes but is not limited to: • Rocket • Spinach • Lettuce • Radish • Beetroot • Chinese cabbage • Turnips • Cabbage • Green beans • Leek • Spring onion • Cucumber • Carrot • Potato • Garlic • Sweet pepper • Green pepper.
24 Hours	<i>Foradile, Nuelin, Oxis, Seretide, Serevent, Symbicort, Theodur</i>	It is recommended to avoid alcohol consumption for 24 hours before the test.
48 Hours		
72 Hours	<i>Spiriva, Onbrez, Seebri, Ultibro, Bretaris</i> <i>Antihistamines Zyrtec, Telfast, Claratyne, Dimetapp, Benadryl</i>	
4 Days	<i>Singulair</i>	
Foods	Ingestion of caffeine containing foods such as coffee, tea, cola and chocolate may affect bronchial hyper- responsiveness. These substances should be withheld on the day of the test.	Tips <ul style="list-style-type: none">• Do not inhale through the nose before exhaling through the mouthpieces• Be seated and relaxed when taking the test

On the day of the test report to Reception, Mater Specialist Centre,
Suite 7 Jessie Street, Rockhampton at the appointed time.
A Doctor will be present for the testing.

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Patient Preparation for FeNO Breath Testing

This is a suggested protocol, other protocols may be available

24 hours prior to test

It is recommended to avoid alcohol consumption for 24 hours before the test.

12 hours prior to test

It is recommended to avoid smoking for 12 hours before the test.

It is recommended to avoid eating foods high in nitrates, this includes but is not limited to:

- Rocket
- Spinach
- Lettuce
- Radish
- Beetroot
- Chinese cabbage
- Turnips
- Cabbage
- Green beans
- Leek
- Spring onion
- Cucumber
- Carrot
- Potato
- Garlic
- Sweet pepper
- Green pepper

Day of the test

On the day of the test, it is recommended to avoid any of the following 1 hour before the test:

- Eating
- Drinking
- Smoking
- Exercise

NOTE: It is recommended to perform a FeNO test before spirometry.

Tips

- Do not inhale through the nose before exhaling through the mouthpieces
- Be seated and relaxed when taking the test

On the day of the test report to Reception, Mater Specialist Centre,
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Bronchial Provocation Testing Only

Withhold Time	Mannitol, Hypertonic Saline, Histamine
8 Hours	<i>Ventolin, Asmol, Bricanyl, Intal, Tilade</i>
12 Hours	<i>Alvesco, Atrovent, Flixotide, Pulmicort, Qvar</i>
24 Hours	<i>Foradile, Nuelin, Oxis, Seretide, Serevent, Symbicort, Theodur</i>
48 Hours	
72 Hours	<i>Spiriva, Onbrez, Seebri, Ultibro, Bretaris</i> <i>Antihistamines</i> <i>Zyrtec, Telfast, Claratyne, Dimetapp, Benadryl</i>
4 Days	<i>Singulair</i>
Foods	Ingestion of caffeine containing foods such as coffee, tea, cola and chocolate may affect bronchial hyper-responsiveness. These substances should be withheld on the day of the test.
	Smoking and vigorous exercise should not be undertaken on the day of the test.

Day of test - avoid heavy meals, smoking and alcohol consumption.
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