



RESPIRATORY DIAGNOSTICS

E [reception@cqresp.com](mailto:reception@cqresp.com)

**CQ Respiratory & Sleep**  
123 Denham Street,  
Allenstown Q 4700

T (07) 4887 5123

F (07) 4927 4693

**Gladstone Super Clinic**  
206-214 Phillip St,  
Gladstone Q 4680

T (07) 4887 5123

F (07) 4927 4693

# Respiratory Function Request Form

Central Queensland Respiratory Diagnostics  
in association with  
**MSK Health Care Pty**  
ABN 93288618055

## Patient Details:

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Home Ph: \_\_\_\_\_ Work: \_\_\_\_\_ Mobile: \_\_\_\_\_

Clinical History/Details:

## Investigation Required:

- Full Lung Function (Flow Volume Loops - before and after bronchodilator, Lung Volumes + Gas Transfer)
- Flow Volume Loops - before and after bronchodilator
- Bronchial Provocation:
  - 'Mannitol Challenge
- Respiratory Muscle Strength (MIPS/MEPS & Postural Spirometry)
- Six Minute Walk Test (single trial without O<sub>2</sub>)
- Six Minute Walk Test (dual trial without and with O<sub>2</sub> for MASS evaluation)
- Exhaled Nitric Oxide - FeNO

## Referring Doctor Details:

Doctors Name: \_\_\_\_\_

Address: \_\_\_\_\_

Signature: \_\_\_\_\_ Provider No: \_\_\_\_\_

Date of Referral: \_\_\_\_\_ Fax No. for Report: \_\_\_\_\_

Copy of Report to: \_\_\_\_\_

<b>Bronchial Provocation Testing</b>		<b>FeNO Breath Testing</b>
<b>Withhold Time</b>	<b>Mannitol, Hypertonic Saline, Histamine</b>	<b>FeNO Breath Testing</b>
8 Hours	<i>Ventolin, Asmol, Bricanyl, Intal, Tilade</i>	On the day of the test, it is recommended to avoid any of the following 1 hour before the test: • Eating • Drinking. <b>NOTE:</b> It is recommended to perform a FeNO test before spirometry.
12 Hours	<i>Alvesco, Atrovent, Flixotide, Pulmicort, Qvar</i>	It is recommended to avoid smoking for 12 hours before the test. It is recommended to avoid eating foods high in nitrates, this includes but is not limited to: • Rocket • Spinach • Lettuce • Radish • Beetroot • Chinese Cabbage • Turnips • Cabbage • Green Beans • Leek • Spring Onion • Cucumber • Carrot • Potato • Garlic • Sweet Pepper • Green Pepper.
24 Hours	<i>Foradile, Nuelin, Oxis, Seretide, Serevent, Symbicort, Theodur</i>	It is recommended to avoid alcohol consumption for 24 hours before the test.
48 Hours		
72 Hours	<i>Spiriva, Onbrez, Seebri, Ultibro, Bretaris. Antihistamines Zyrtec, Telfast, Claratyne, Dimetapp, Benadryl</i>	
4 Days	<i>Singulair</i>	
Foods	Ingestion of caffeine containing foods such as coffee, tea, cola and chocolate may affect bronchial hyper-responsiveness. These substances should be withheld on the day of the test.	<b>Tips</b> <ul style="list-style-type: none"> <li>• Do not inhale through the nose before exhaling through the mouthpieces</li> <li>• Be seated and relaxed when taking the test</li> </ul>

**A Doctor will be present for the tests. Clinic staff will contact you with information about your tests.**