



# Palliative Care Resources for GPs Sunshine Coast region

## HEALTH PATHWAYS



Lists local palliative care services and assessment and management guidance around particular conditions or symptoms.

<https://sunshinecoast.communityhealthpathways.org> | Username: usersc Password: pwsc

## PALLCONSULT

24/7 advice hotline to immediately access advice from a specialist palliative care medical consultant.

Phone: 1300 PALLDR (1300 725 537)  
24 hours, 7 days/week

## PALLASSIST

Information, referral advice & compassionate support to patients, families, friends and carers dealing with a life limiting illness.

Phone: 1800 772 273  
7 days, 7am-7pm  
[www.palassist.org.au](http://www.palassist.org.au)

## PEPA / IPEPA

Program of Experience in the Palliative Approach (PEPA) /  
Indigenous Program of Experience in the Palliative Approach (IPEPA)



Offer placements and workshops in palliative care to support health professionals to increase skills and knowledge in caring for patients at end of life.

<https://www.pepaeducation.com>

## **palliMEDS**

A tool to proactively prescribe end-of-life medications.  
<https://www.c2coast.org.au/palliative-care-clinical>

## **APPS**



## **palliAGEDgp**

Support for GPs who are caring for older palliative patients living at home or in residential care.  
<https://www.palliaged.com.au/tabid/4351/Default.aspx>

## **POCKETBOOK OF PALLIATIVE MEDICINE**

A very concise booklet for GPs containing brief, dot-point suggestions for symptom relief.  
<https://www.c2coast.org.au/palliative-care-clinical/?hilite=pocketbook>

## **OPIOID CALCULATOR**

A clinical tool simplifying the calculation of total oral morphine equivalent daily dose.  
<http://www.opioidcalculator.com.au/>

Further resources available at [www.c2coast.org.au/palliative-care-clinical/](http://www.c2coast.org.au/palliative-care-clinical/)