

NURSES FOR  
NURSES  
NETWORK



WOUND  
THERAPIES

# SKIN CARE

## SKIN TEARS, PRESSURE INJURIES - A WORKSHOP FOR CARERS -



20

OCT

0800

to

1230

4 CPD

HOURS

## SUNSHINE COAST

This workshop is for Care staff working in both residential and community aged care services.

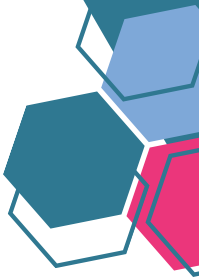
It will explore a Carer's requirement and responsibility in maintaining skin integrity to provide the best possible care for the client. Skin care is an essential part of the carer's working day.

They are an essential part of the care team in managing and preventing skin-related issues for patients/clients/residents.

This workshop starts with the elements of managing skin to maintain integrity. We explore what happens to skin as we age and the strategies that we can use to keep it intact.

### LEARNING OUTCOMES:

- Discuss the importance of skin care and the carer's role as part of the health care team
- Explore skin cleansing, moisturising and managing frail and vulnerable skin
- Gain an understanding of the prevention & development of pressure injuries
- Explore first aid for skin tears & managing skin when a person has a wound



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